

## **Post Operative Instruction for Nail Surgery**

1. A surgical procedure has been performed on your toe. A certain amount of discomfort, drainage, and swelling is to be expected. You may choose to limit activity and elevate the involved extremity immediately after the procedure.
2. Starting tomorrow morning you will soak your foot in warm, soapy water or dilute Epsom salts and warm water (1/4 cup salts to 1 gallon water) for fifteen minutes. This is to be performed twice daily for the first week after surgery and then just once daily after that.
3. Pull back the cuticle and involved nail border to maintain a channel for drainage to escape. You may clean out any debris in the nail corner with a cotton tipped swab or new, soft-bristled toothbrush.
4. Apply 2 drops of cortisporin otic solution/antibiotic ointment (such as: Triple Antibiotic, Neosporin, or Bacitracin) to the nail edge and cover with a fabric band aid.
5. Your next appointment is \_\_\_\_\_.
6. Please call our office if you have any questions or concern.